# Why Would You Oppose Yourself?

(2 Timothy 2:25 and Selected Scriptures)

#### Introduction:

**2 Timothy 2:25 -** In meekness instructing those that <u>oppose themselves</u>; if God peradventure will give them repentance to the acknowledging of the truth;

All sin is opposition to God. But did you ever realize, it is opposition to yourself as well?

Why would people oppose themselves?

- 1. Due to Ignorance (They don't realize the damaging effects of sin)
- 2. Due to <u>Demonic Control</u> (They are in many cases under the influence of evil spirit entities) **See: Mark 5:1-15**

What sins do people commit that bring immediate or eventual damage to themselves?

### I. Consuming Harmful <u>Substances</u>

(Opposing your Temple – 1 Corinthians 6:19)

- Cigarettes (leading you to Cancer & Lung Disease)
- Drugs (leading you to Chemical Dependency & Poverty)
- Alcohol (leading you to Misery and Ruin in every way)
- Gluttony (leading you to Obesity, Diabetes, and Heart Failure)

# **II.** Entertaining Destructive <u>Thoughts</u>

(Opposing your Soul - (1 Peter 2:11)

- **Lust** (leading you to perversion & obsession)
- Anger (leading to bitterness & vulnerable to Satanic attack)
- Worry (leading to Stress)

# III. Engaging in Illicit Sex

(Opposing your Body – Romans 1:27)

- Fornication (leading to premarital sex)
- Adultery (leading to emotional turmoil & physical disease)
- Homosexuality (leading to confusion, disease & death)

#### IV. Fighting your Relationships with Others

(Opposing Needed Help, Mutual Assistance & Divine Blessing)

- Children Fighting Parents (leading to ruined quality & shortened quantity of life)
- **Spouses Fighting their** Mates (leading to unanswered prayer, divorce & family disintegration) *Ephesians 5:28-29*)
- People Fighting God (leading to Eternal Separation from God in Hell)

<sup>\*</sup> The Biggest Abuse/Opposition to yourself is to reject God's Salvation