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The Women Leading the Fight PT1

Series: Battles of the Bible # 18

Deborah

MOTHER OF ISRAEL

May 18th, 2022 / 17th Iyyar 5782

Jael



Judges 4:1-24

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1. A tragic cycle of evil and chastisement (v.1-3).

Judges 4:1 KJV

And the children of Israel again did evil in the sight of the Lord, when **Ehud was dead.**

1. A tragic cycle of evil and chastisement (v.1-3).

Judges 4:2 KJV

And the Lord sold them into the hand of **Jabin king of Canaan, that reigned in Hazor; the captain of whose host was **Sisera**, which dwelt in Harosheth of the Gentiles.**

1. A tragic cycle of evil and chastisement (v.1-3).

Judges 4:3 KJV

2. A desperate cry to the LORD for help (v.3).

And the children of Israel cried unto the Lord: for he had nine hundred chariots of iron; and twenty years he mightily oppressed the children of Israel.

3. A courageous woman issued **God's call**
to a reluctant **commander** (v.4-9).

Judges 4:4 KJV

**And Deborah, a prophetess,
the wife of Lapidoth, she
judged Israel at that time.**

3. A courageous woman issued **God's call**
to a reluctant **commander** (v.4-9).

Judges 4:5 KJV

**And she dwelt under the palm
tree of **Deborah** between Ramah
and Bethel in mount Ephraim:
and the children of Israel came up
to her for judgment.**

3. A courageous woman issued **God's call** to a reluctant **commander** (v.4-9).

Judges 4:6 KJV

And she sent and called **Barak** the son of **Abinoam** out of Kedesh-naphtali, and said unto him, Hath not the Lord God of Israel commanded, saying, Go and draw toward mount Tabor, and take with thee ten thousand men of the children of **Naphtali** and of the children of **Zebulun**?

3. A courageous woman issued **God's call**
to a reluctant **commander** (v.4-9).

Judges 4:7 KJV

**And I will draw unto thee to the
river Kishon **Sisera**, the captain of
Jabin's army, with his chariots
and his multitude; and I will
deliver him into thine hand.**

3. A courageous woman issued **God's call**
to a reluctant **commander** (v.4-9).

Judges 4:8 KJV

And **Barak** said unto her, If thou wilt go with me, then I will go: but if thou wilt not go with me, then I will not go.

3. A courageous woman issued **God's call**
to a reluctant **commander** (v.4-9).

Judges 4:9 KJV

And she said, I will surely go with thee: notwithstanding the journey that thou takest shall not be for thine honour; for the Lord shall sell **Sisera into the hand of a woman. And **Deborah** arose, and went with **Barak** to Kedesh.**

Judges 4:10 KJV

And Barak called Zebulun and Naphtali to Kedesh; and he went up with ten thousand men at his feet: and Deborah went up with him.

Judges 4:11 KJV

Now **Heber** the Kenite, which was of the children of Hobab the father in law of **Moses**, had severed himself from the Kenites, and pitched his tent unto the plain of Zaanaim, which is by Kedesh.

Judges 4:12 KJV

And they shewed **Sisera** that **Barak** the son of **Abinoam** was gone up to mount **Tabor**.

Judges 4:13 KJV

And Sisera gathered together all his chariots, even nine hundred chariots of iron, and all the people that were with him, from Harosheth of the Gentiles unto the river of Kishon.

Judges 4:14 KJV

And **Deborah** said unto **Barak**, Up; for this is the day in which the Lord hath delivered **Sisera** into thine hand: is not the Lord gone out before thee? So **Barak** went down from mount Tabor, and ten thousand men after him.

Judges 4:15 KJV

And the Lord discomfited **Sisera**,
and all his chariots, and all his host,
with the edge of the sword before
Barak; so that **Sisera** lighted down
off his chariot, and fled away on his
feet.

Judges 4:16 KJV

But **Barak** pursued after the chariots, and after the host, unto Harosheth of the Gentiles: and all the host of **Sisera** fell upon the edge of the sword; and there was not a man left.

Judges 4:17 KJV

Howbeit **Sisera** fled away on his feet to the tent of **Jael** the wife of **Heber** the Kenite: for there was peace between **Jabin** the king of **Hazor** and the house of **Heber** the Kenite.

Judges 4:18 KJV

And Jael went out to meet Sisera, and said unto him, Turn in, my lord, turn in to me; fear not. And when he had turned in unto her into the tent, she covered him with a mantle.

Judges 4:19 KJV

And he said unto her, Give me, I pray thee, a little water to drink; for I am thirsty. And she opened a bottle of milk, and gave him drink, and covered him.

Judges 4:20 KJV

Again he said unto her, Stand in the door of the tent, and it shall be, when any man doth come and enquire of thee, and say, Is there any man here? that thou shalt say, No.

Judges 4:21 KJV

Then **Jael Heber's wife took a nail of the tent, and took an hammer in her hand, and went softly unto him, and smote the nail into his temples, and fastened it into the ground: for he was fast asleep and weary. So he died.**

Judges 4:22 KJV

And, behold, as Barak pursued Sisera, Jael came out to meet him, and said unto him, Come, and I will shew thee the man whom thou seekest. And when he came into her tent, behold, Sisera lay dead, and the nail was in his temples.

4. A strong deliverance by the LORD (v.10-24).

Judges 4:23 KJV

**So God subdued on that day
Jabin the king of Canaan
before the children of Israel.**

Judges 4:24 KJV


And the hand of the children of Israel prospered, and prevailed against **Jabin the king of Canaan, until they had destroyed **Jabin** king of Canaan.**

How to Conquer Self Destructive Behaviors



How to Conquer Self Destructive Behaviors

1. Remind ourselves daily of what Jesus did for us.
2. Ask the Holy Spirit to give us better thoughts.
3. Realize that we have a new ability to say no.
4. Turn our thoughts to God when we're afraid.
5. Focus on the long -term rather than the short -term.
6. Remind ourselves that God is good and in control .
7. Trust that God will never stop loving us.



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