

**I. The Portrait of a Virtuous Woman (vv. 10-31)**

- A. Her worth: A rare gem and trustworthy companion (v. 10)

*"Praying mothers are America's greatest assets." — Theodore Roosevelt*

- B. Her devotion: Bringing good to her husband and family (vv. 11-12)  
C. Her industry: Diligently working for the well-being of her household (vv. 13-15)  
D. Her wisdom: Managing resources and making wise investments (vv. 16-19)

*"I learned more about God from my mother than from all the theologians in England." — Charles Wesley*

- E. Her compassion: Helping the poor and needy (v. 20)  
F. Her strength: Spiritually and physically equipped to face challenges (vv. 25-26)

*"I cannot tell how much I owe to the prayers of my good mother." — C.H. Spurgeon*

- G. Her dignity: Clothed in honor and respected by her family and community (v. 25)  
H. Her legacy: Praised by her children and husband (vv. 28-31)

**II. Lessons for Modern Mothers**

- A. Embracing godly character traits
1. Faithfulness and trustworthiness
  2. Devotion to family
  3. Industry and diligence
  4. Wisdom in managing resources
  5. Compassion and generosity
- B. Prioritizing spiritual growth
1. Seeking God's guidance and strength
  2. Nurturing a personal relationship with God
  3. Instilling godly values in children
- C. Balancing responsibilities
1. Managing household duties
  2. Pursuing personal interests and growth
  3. Finding support and seeking help when needed
- D. Leaving a lasting legacy
1. Investing in the spiritual and emotional well-being of children
  2. Building strong family relationships
  3. Being an example of virtue and godliness to others

### **III. Honoring and Appreciating Mothers**

- A. Expressing gratitude and love
- B. Celebrating mothers' contributions and sacrifices
- C. Offering support and encouragement
- D. Acknowledging the importance of the mothering role in society

### **31 Ways to Honor and Appreciate Mothers**

1. Write a heartfelt letter expressing your gratitude and love.
2. Make her breakfast in bed.
3. Take over her daily chores for a day to give her a break.
4. Create a personalized photo album or scrapbook.
5. Offer to babysit the kids to give her a well-deserved break.
6. Organize a family gathering or a special outing to celebrate her.
7. Cook her favorite meal or treat her to a fancy dinner.
8. Give her a day of pampering by treating her to a spa or a massage.
9. Help her with any home improvement projects or tasks she's been wanting to do.
10. Take her on a weekend getaway or plan a family vacation.
11. Wash her car.
12. Surprise her with a thoughtful gift that reflects her interests and passions.
13. Encourage her to pursue her hobbies or take up a new one by gifting her related supplies or a class.
14. Help her declutter and organize her home or workspace.
15. Plan a movie night and let her choose all the films she wants to watch.
16. Offer to help with her work-related tasks or projects.
17. Offer to organize and digitize old family photos, preserving precious memories.
18. Plant a tree or create a garden in her honor.
19. Arrange a surprise visit from a family member or friend she hasn't seen in a while.
20. Write and perform a heartfelt song, poem, or skit dedicated to her.
21. Take her shopping for a new outfit or accessory she's been eyeing.
22. Arrange for a professional photoshoot for her and the family.
23. Write a gratitude journal dedicated to her, documenting the ways she has positively impacted your life.
24. Create a gratitude jar and fill it with notes highlighting why you appreciate her.
25. Support her in pursuing her education or professional development.
26. Offer to teach her a new skill or take a class together.
27. Help her create a blog, start a YouTube channel, or showcase her talents online.
28. Take her to a concert, theater performance, or art exhibition she would enjoy.
29. Surprise her with a subscription to her favorite magazine or a book club.
30. Host a surprise party in her honor, inviting all her loved ones.
31. Simply spend quality time together, sharing stories, laughter, and creating new memories.