

## INTRODUCTION:

## 1. WHAT IS MORTIFICATION?

- a. **Mortification defined** Mortification is the believer's continuous act by the power of the Holy Spirit to weaken, ruin, and destroy the power—the "life"—of indwelling sin, so that it does not bring forth sinful works
- b. **Mortification is a command from the Head of the church for all His blood bought children.**
- c. **Mortification is a progressive, continuous, spiritual act that ceases only at one's physical death.**
- d. **Mortification begins with the new birth.**
- e. **Mortification is empowered and sustained by the Holy Spirit.**
- f. **Mortification can and must be accomplished using God's gifts and means of grace.**
  
- g. **Mortification is universal in scope.**

## 2. APPLICATIONS:

**(1) *The most important way of mortifying your sins is by using the means of grace God has given us to pursue and cultivate a holy life.***

1. Cherish the Holy Spirit: Cultivate the principle of grace present in the Holy Ghost. Let us not grieve, quench, or resist the Spirit.
  
2. We can do this by exercising the *power* of grace in internal and external duties by using the *means* of grace—prayer, Scripture, meditation, etc.
  
3. We need constantly to oppose the principle, power, and actions of grace to the principles, power, and actions of sin that arise in us.

**(2) *We must always turn first to Christ when we sin.***

1. Remember God's love for you (Psa 51:1).
  
2. Confess your sin (1Jo 1:9).

3. Repent of your sin (Eze 18:30).
  
4. Trust fully in Christ's finished work (Heb 7:25).

***(3) We must know, believe, and apply four crucial biblical truths to mortify sin.***

1. We must know Who God is.
  
2. We must know who we are as believers.
  
3. We must know what Christ has done for us and in us.
  
4. We must learn how to apply God's Word to our sin.

***(4) We must ask God to reveal in what ways we have grieved, quenched, or resisted the Holy Spirit by Whom alone we can mortify our sins.***

**CONCLUSION:**