



## Session 33: A Better Brand of Happiness

Pastor Brian Jones

Philippians 4:6b

Sunday, May 24, 2020

Take notes online: <https://notes.subsplash.com/fill-in/view?page=4WxhYSqrF>

### Philippians 4:4-9 (NIV)

4 Rejoice in the Lord always. I will say it again: Rejoice!

5 Let your gentleness be evident to all. The Lord is near.

6 Do not be anxious about anything, **but in every situation, by prayer and petition, with thanksgiving, present your requests to God.**

7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

9 Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

### Review of Session 32 and Overview of Session 33

This session began with a brief review of session 32.

*Big Idea: When you rejoice in the Lord, it will make you gentle, prayerful when anxious, intentional in your thinking, and obedient to God's word.*

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This session continues studying the subsection of Philippians 4:6-7.

The command in Philippians 4:6-7 has two parts:

*The first part of the command is, “Do not be anxious” in verse 6.*

*The second part of the command is, “present your requests.”*

**The first part of this compound command is, “Do not be \_\_\_\_\_.”**

The word, “anxious” means “to \_\_\_\_\_.”

Anxiety (also known as “worry”) is a strong negative emotional \_\_\_\_\_ about something bad that could happen but has not happened.

**The second part of this compound command gives us the godly \_\_\_\_\_ to anxiety which is, “...present your requests to God.”**

The command itself is “\_\_\_\_\_” (NIV) or “make known” (ESV).

*Colossians 1:27: “To them God has chosen to make known among the Gentiles the glorious riches of this mystery, which is Christ in you, the hope of glory.”*

*Matthew 6:8: “Do not be like them, for your Father knows what you need before you ask him.”*

Two words for prayer tell us the \_\_\_\_\_.

The word “thanksgiving” tells us the \_\_\_\_\_.

“In every situation” tells us the \_\_\_\_\_.

“Your requests” tells us the \_\_\_\_\_.

“To God” tells us the \_\_\_\_\_.