

Psalm 107: O That We Would Give Thanks to the Lord for His Goodness
April 28, 2024

The Pattern:

- rebelled against the Lord, so were distressed and disciplined;
- cried out in their trouble to God for deliverance;
- God delivered them, in His mercy;
- and they rightly prayed that all would give thanks to the Lord for His goodness;
- ongoing blessings/promises of deliverance.

I. vs1-3 Thankfulness for God's Goodness

¹Oh, give thanks to the Lord, for *He is good!*

For His mercy *endures* forever.

²Let the redeemed of the Lord say *so*,
Whom He has redeemed from the hand of the enemy,

³And gathered out of the lands,
From the east and from the west,
From the north and from the south.

II. vs4-9 Deliverance of those lost (in the desert).

⁴They wandered in the wilderness in a desolate way;
They found no city to dwell in.

⁵Hungry and thirsty, Their soul fainted in them.

⁶Then they cried out to the Lord in their trouble,
And He delivered them out of their distresses.

⁷And He led them forth by the right way,
That they might go to a city for a dwelling place.

(All) ⁸Oh, that *men* would give thanks to the Lord for His goodness,
And for His wonderful works to the children of men!

⁹For He satisfies the longing soul,
And fills the hungry soul with goodness.

III. vs10-16 Deliverance of captives bound in prison

¹⁰Those who sat in darkness and in the shadow of death,
Bound in affliction and irons—

¹¹Because they rebelled against the words of God,

And despised the counsel of the Most High,

¹²Therefore He brought down their heart with labor;

They fell down, and *there was* none to help.

¹³Then they cried out to the Lord in their trouble,

And He saved them out of their distresses.

¹⁴He brought them out of darkness and the shadow of death,

And broke their chains in pieces.

(All) ¹⁵Oh, that *men* would give thanks to the Lord for His goodness,
And for His wonderful works to the children of men!

¹⁶For He has broken the gates of bronze,

And cut the bars of iron in two.

IV. vs17-22 Deliverance from sickness

¹⁷Fools, because of their transgression,

And because of their iniquities, were afflicted.

¹⁸Their soul abhorred all manner of food,

And they drew near to the gates of death.

¹⁹Then they cried out to the Lord in their trouble,

And He saved them out of their distresses.

²⁰He sent His word and healed them,

And delivered *them* from their destructions.

**(All) ²¹ Oh, that *men* would give thanks to the Lord for His goodness,
And for His wonderful works to the children of men!**

²² Let them sacrifice the sacrifices of thanksgiving,
And declare His works with ^drejoicing.

V. vs23-31 Deliverance of those in storms

²³ Those who go down to the sea in ships,
Who do business on great waters,

²⁴ They see the works of the Lord,
And His wonders in the deep.

²⁵ For He commands and raises the stormy wind,
Which lifts up the waves of the sea.

²⁶ They mount up to the heavens,
They go down again to the depths;
Their soul melts because of trouble.

²⁷ They reel to and fro, and stagger like a drunken man,
And are at their wits' end.

²⁸ Then they cry out to the Lord in their trouble,
And He brings them out of their distresses.

²⁹ He calms the storm, So that its waves are still.

³⁰ Then they are glad because they are quiet;
So He guides them to their desired haven.

**(All) ³¹ Oh, that *men* would give thanks to the Lord for His goodness,
And for His wonderful works to the children of men!**

VI. vs32-42 Praises for His wonderful works to the children of men.

³² Let them exalt Him also in the assembly of the people,
And praise Him in the company of the elders.

³³ He turns rivers into a wilderness,
And the watersprings into dry ground;

³⁴ A fruitful land into barrenness,
For the wickedness of those who dwell in it.

³⁵ He turns a wilderness into pools of water,
And dry land into watersprings.

³⁶ There He makes the hungry dwell,
That they may establish a city for a dwelling place,

³⁷ And sow fields and plant vineyards,
That they may yield a fruitful harvest.

³⁸ He also blesses them, and they multiply greatly;
And He does not let their cattle decrease.

³⁹ When they are diminished and brought low
Through oppression, affliction, and sorrow,

⁴⁰ He pours contempt on princes,
And causes them to wander in the wilderness *where there is no way*;

⁴¹ Yet He sets the poor on high, far from affliction,
And makes *their* families like a flock.

⁴² The righteous see *it* and rejoice,
And all iniquity stops its mouth.

⁴³ Whoever *is* wise will observe these *things*,
And they will understand the lovingkindness of the Lord.

Applications at lunch:

1. Tell those at your table why you are thankful today, even in difficult circumstances.
2. Tell a particular person at your table, or during fellowship, how you appreciate them.
3. Give thanks together in prayer. (O that we would give thanks to the Lord for His goodness!)