

Humble, Homey, Hopeful
The State of Spiritual Rest
Psalm 131

Verse One – A Statement of Reality

LORD

My heart is not haughty

My eyes are not lofty

Nor do I concern myself with great matters

Nor with things too profound for me.

Verse Two – The Reason for the Reality

Surely I have calmed and quieted my soul

Like a weaned child with his mother

Like a weaned child is my soul within me

Verse Three – The Result of the Reality

O Israel, hope in the Lord

From this time forth and forever