

The Heidelberg Catechism

66. What are the sacraments?

The sacraments are visible holy signs and seals appointed by God for this end, that by their use He may the more fully declare and seal to us the promise of the Gospel,¹ namely, that of free grace He grants us the forgiveness of sins and everlasting life for the sake of the one sacrifice of Christ accomplished on the cross.²

¹ Gen 17:11; Deut 30:6; Ezek 20:12; Rom 4:11; Heb 9:8-9; ² Mt 26:27-28; Acts 2:38; Heb 10:10