

INTRODUCTION:**1. EXPOSITION: ROMAN 8:1-14****2. DOCTRINE: WHAT IS MORTIFICATION?**

- a. **Mortification defined** Mortification is the believer's continuous act by the power of the Holy Spirit to weaken, ruin, and destroy the power of indwelling sin, so that it does not bring forth sinful works
- b. **Mortification is a command from the Head of the church for all His blood bought children.**
- c. **Mortification is a progressive, continuous, spiritual act that ceases only at one's physical death.**
- d. **Mortification begins with the new birth.**
- e. **Mortification is empowered and sustained by the Holy Spirit.**
- f. **Mortification can and must be accomplished using God's gifts and means of grace.**
- g. **Mortification is universal in scope.**

3. APPLICATIONS:**(1) *Use the means of grace to pursue and cultivate a holy life (3 steps).***

1. Cherish the Holy Spirit: Cultivate the principle of grace present in the Holy Ghost. Let us not grieve, quench, or resist the Spirit.
2. Use the *means* of grace—prayer, Scripture, meditation, ordinances.
3. Set God's grace against the power of sin.

(2) *We must set our faith in Christ when we sin (6 steps).*

1. Have faith in God's great love for you (1Jo 4:10).
2. Confess your sin (1Jo 1:9).
3. Repent of your sin (Eze 18:30).
4. Set your faith fully on the sufficiency of Christ's sacrifice (Heb 7:25).
5. By faith fill your heart with the biblical truth that God sent Christ and the Spirit for the purpose of mortifying your sin.
6. By faith expect relief from Christ.

(3) *We must know, believe, and apply and continue in three crucial biblical truths to mortify sin (3 steps).*

1. We must know Who God is.

2. We must know who we are as believers.

3. We must know what Christ has done for us and in us.

(4) We must ask God to reveal in what ways we have grieved, quenched, or resisted the Holy Spirit by Whom alone we can mortify our sins.

CONCLUSION: