

40 Days to a Joy-Filled Life



**“Think This, Not That”
Proverbs, 26:6-8**



Proverbs 23:6–8 (NKJV)

6 Do not eat the bread of a miser, Nor desire his delicacies;

7 For **as he thinks in his heart, so is he.**
“Eat and drink!” he says to you, But his heart is not with you.

8 The morsel you have eaten, you will vomit up, And waste your pleasant words.



I. Avoid Stinking Thinkers (v. 6)

II. He is the Product of What He Thinks (v. 7)

III. His Hypocrisy Will Make You Sick (v. 8)

IV. Learn from This How to Have a Joy-filled Life





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Philippians 4:4–9 (NKJV)

4 Rejoice in the Lord always. Again I will say, rejoice!

5 Let your gentleness be known to all men. The Lord is at hand.

6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;



Philippians 4:4–9 (NKJV)

7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.





Philippians 4:4–9 (NKJV)

8 Finally, brethren, whatever things are **true**, whatever things are **noble**, whatever things are **just**, whatever things are **pure**, whatever things are **lovely**, whatever things are of **good report**, if there is any **virtue** and if there is anything **praiseworthy**—**meditate on these things.**



Philippians 4:4–9 (NKJV)

9 The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

