

**“A Bruised Reed and Smoldering Wick Christian:  
Pained and Pleading”  
Psalm 142**

*Pastor Jim Sole*

*January 24, 2016*

A. The Hurting Believer

1. His inward pain

a. His complaint

Psalm 142:2a , Psalm 102, Numbers 11:10-14

b. His trouble

Psalm 142:2b

c. His fainting spirit

Psalm 142:3, 2 Corinthians 1:8-9

d. His lowly spirit

Psalm 142:6

e. His captivity

Psalm 142:7, Proverbs 29:25

2. His outward pain

a. Inflicted by deceptive enemies

Psalm 142:3, Acts 20:28-30

b. Inflicted by indifferent humanity

Psalm 142:4, Philippians 2:19-20

c. Inflicted by aggressive enemies

Psalm 142:6, Matthew 10:16-18, Acts 20:28-30

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## B. The Helped Believer

### 1. By fervent and desperate prayer

- a. The heart language from cries  
Psalm 142:1, 5, 6, Hebrews 5:7
  
- b. The heart petitions in pleas  
Psalm 142:1, Psalm 142:6- 7, Hebrews 4:14-16

### 2. By intimate fellowship with other believers Psalm 142:7, Malachi 1:16

### 3. By confidence in God's Person and Promises

- a. His Person as a place of safety and satisfaction  
Psalm 142:5, Psalm 16:5
  
- b. His Promise as a deliverer  
Psalm 142:7, Job 23:10-12

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