

## Session Two

### Understanding Gender Ideology

**Gender Dysphoria:** (Dys – bad; Phoria – feelings); *The distress that may accompany the incongruence between one's experienced or expressed gender and one's assigned gender.*<sup>5</sup>

Dysphoria is the opposite of euphoria (a feeling of elation).

Yogyakarta Definitions:

**Sexual Orientation:** Any type of sexual preference

**Gender Identity:** Each person's deeply felt internal and individual experience of gender, which may or may not correspond to the sex assigned at birth.

**Transgender:** An umbrella term *for the state or condition of identifying or expressing a gender identity that does not match a person's genetic sex.*<sup>6</sup>

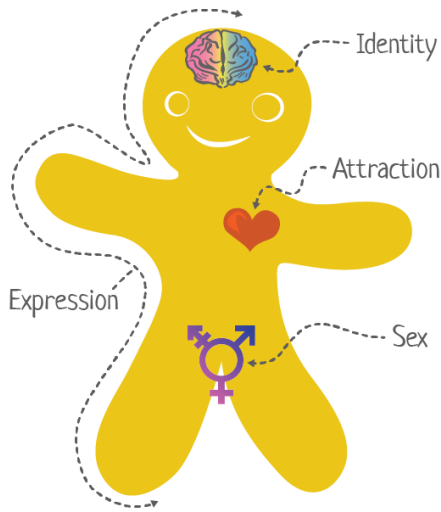
**Gender Fluid:** Not identifying as one gender all the time.

**Non-Binary or Agender:** Not identifying as male or female at all.

The umbrella of transgender includes, but is not limited to individuals who:

- ❖ *Dress in the culturally determined dress of the gender with whom they identify.*
- ❖ *Have hormonal treatment to seek to bring their chemical balance into alignment with that gender.*
- ❖ *Undergo surgical treatment to alter their bodies.*
- ❖ *Identify as gender fluid.*
- ❖ *Identify as non-binary or agender*<sup>7</sup>.

# The Genderbread Person v4 by its pronounced METROsexual.com



⊖ means a lack of what's on the right side

Gender Identity

- Woman-ness
- Man-ness

Gender Expression

- Femininity
- Masculinity

Anatomical Sex

- Female-ness
- Male-ness

Identity ≠ Expression ≠ Sex  
Gender ≠ Sexual Orientation

Sex Assigned At Birth  
 Female  Intersex  Male

Sexually Attracted to... and/or (a/o)

- Women a/o Feminine a/o Female People
- Men a/o Masculine a/o Male People

Romantically Attracted to...

- Women a/o Feminine a/o Female People
- Men a/o Masculine a/o Male People

Genderbread Person Version 4 created and uncopyrighted 2017 by Sam Killermann

For a bigger bite, read more at [www.genderbread.org](http://www.genderbread.org)

8

**Gender Identity** - Your psychological sense of self. Who you, in your head, know yourself to be, based on how much you align (or don't align) with what you understand to be the options for gender.



**Anatomical Sex** - Sex (sometimes called biological sex, anatomical sex, or physical sex) is comprised of things like genitals, chromosomes, hormones, body hair, and more. But one thing it's not: gender.



**Gender Expression:** The ways you present gender, through your actions, clothing, demeanor, and more. Your outward-facing self, and how that's interpreted by others based on gender norms.



**Attraction:** Like sex, attraction isn't really a component of gender. However, we often conflate sexual orientation with gender, or categorize the attraction we experience in gendered ways.

Conclusions from Genderbread Person diagram:

Identity is not based on anatomical sex, but rather on mind and feelings.

Attraction is not based on sex. It is open to either gender.

Gender and sex are defined as two separate aspects of a person.

Krista Conger claims:

*Sex is a biological trait that is determined by the specific set of Chromosomes ..... Gender, on the other hand, is socially, culturally, and personally defined<sup>9</sup>.*

Jesse Bering in "The Third Gender" states:

*The concept of gender ... is meaningfully different from biological sex. Gender identity is a subjective feeling of 'maleness' and 'femaleness'<sup>10</sup>.*

Is experiencing gender dysphoria a sin?

The Bible nowhere categorizes unwanted psychological distress as sinful. Therefore, gender dysphoria is not a sin. We all deal daily with our sinful flesh which includes thoughts and feelings. Sin occurs when we yield to the lusts of the flesh, or act on our feelings and thoughts that are contrary to God's truth. When someone experiencing gender dysphoria yields to or embraces their feelings and pursues becoming **transgender**, they rebel against God's truth. That is sin.

The origin:

**Gnosticism:** A heretical teaching that the early church faced that promoted mind over matter. The goal, therefore, was to free the spirit from its embodied prison. This concept is called **dualism**, separating the body from the spirit. This teaching allows sexual immorality since the acts of the body do not affect one's spirit.

**Gender Gnosticism** deifies a distinction between the mind and the body claiming that one's mind, soul and thoughts are more important than the physical body and can overrule physical facts. Therefore:

Any male-female distinctions should be rejected.

Gender identity is defined by feelings not facts.

**Expressive Individualism:** Looking within self to 'write one's own script' – whether that's male, female or some other option – regardless of their body.

## Recent History:

John Money, the co-founder of the Johns Hopkins Gender Identity Clinic, tested his idea that gender is about socialization not biology, by using experimental surgery to change the sex of a young boy. He also advocated decriminalizing sex with children. Johns Hopkins eventually ceased the practice of sex change surgery.

Later after forty years of studying transgendered people, Dr. Paul McHugh, psychiatrist-in-chief at Johns Hopkins Hospital claimed as scientific fact:

*Transgendered men do not become women, nor do transgendered women become men.” All such people, he explained become feminized men or masculinized women, counterfeits, or impersonators of the sex with which they ‘identify.’*

*The idea that one’s sex is fluid and a matter of choice” is extremely damaging, especially to young people.<sup>11</sup>*

(2005, Institute for Trans and Intersex Activist Training) Transition activists plan to deconstruct the binary/gender system and replace it with as many bodies, sexualities, and identities as possible. Their priority is to see that each identity is not only respected but also desired and celebrated by all.

(2007) Yogyakarta Principles pave the way for regarding the following beliefs as discrimination:

- *Marriage is only between a man and a woman.*
- *Sexual activity should be restricted to marriage.*
- *Human beings are either male or female from birth.*
- *Children have a right to know and be brought up by their own father and mother.*

The goal of gender ideology is to completely deconstruct the biblical family.

Gender activists regard any form of counselling (conversion therapy) to help a person’s mind line up with their body as abuse.

Some civil rights guidelines ban the misgendering of individuals (using an unwanted pronoun).

Some states allow biological males (transgender females) to compete in girls’ and women’s interscholastic and collegiate sports. The physical disadvantage for biological females is overwhelming and a source of controversy.

**Transphobe:** A person who fails to embrace gender ideology. Any person who fails to accept and affirm someone as they say they are.

**Gender Ideological Love:** Uncritical affirmation.

**Gender Hate Speech:** Challenging any individual's claim to their own unique 'identity' or 'orientation'; refusal to accept someone's demands for self-realization or self-satisfaction on their demands.

*For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Ephesians 6:12*

Look carefully then how you walk, not as unwise but as wise, <sup>16</sup> making the best use of the time, because the days are evil. <sup>17</sup> Therefore do not be foolish, but understand what the will of the Lord is. Ephesians 5:15-17