

**INTRODUCTION:**

**1. BEFORE TAKING UP THE THEME OF GRIEVING THE SPIRIT, WE MUST CONSIDER THE CONTEXT IN WHICH PAUL MENTIONS IT.**

**2. PAUL CONTRASTS THE BELIEVER'S NEW WAY OF LIFE WITH THE OLD (4:17-24).**

**a. Paul commands the Ephesians not to live like the other Gentiles (4:17-19)**

**b. Having learned from Christ, the Ephesians are to put off the old man and put on the new (4:20-24).**

**3. PAUL COMMANDS THE BELIEVERS TO WALK IN LOVE (4:25-5:2).**

**a. The apostle gives a list of examples of putting on and putting off.**

**b. The apostle warns about the sin of grieving the Holy Spirit.**

**4. APPLICATIONS:**

***(1) By the Holy Spirit, believers have put off the old man and have put on the new.***

***(2) By the Holy Spirit, we can walk in holiness.***

***(3) Grieving the Spirit will come by neglecting Paul's commands or by rebelling against them.***

**CONCLUSION:**