

The Discipline of Prayer

Luke 11:1

Prayer is a discipline that is developed by _____, _____, and _____. Prayer is consistent obedience to God's call to pray (I Th. 5:17)

I. Motivation to pray

- A. We are motivated by our desire to have things our way.
- B. We look at mature Christians and recognize our _____ for prayer.
- C. We want to see God's will _____ and realize that we cannot fulfill God's will without prayer
- D. We _____

II. Making time to pray; routine without being a ritual

- A. You must _____ to pray.
- B. Choose a time when your mind is _____ and your thoughts can be _____.
- C. Set a length of time to pray
 - 1. Ask the Holy Spirit for His help
 - 2. Meditate on God's greatness and praise Him
 - 3. Thank Him for what He has recently done
 - 4. Examine your own heart

5. Bring your requests to God

D. Then ... pray.

III. Mastering obstacles to prayer

A. Obstacle #1

B. Obstacle #2

C. Obstacle #3

D. Obstacle #4

E. Obstacle #5

Tips to beginning a prayer list

- (1) Write down Eph. 6:18 and ask the Holy Spirit to lead you as you pray
- (2) Write down some attributes of God. Spend some time praising God for Who He is.
- (3) Write down some recent answers to prayer.
- (4) Write down Ps. 139:23-24, write the words *examine me*, and write the word *confession*. This is your chance to get right with God.
- (5) Write down *what is God doing in my life, my family's life, my church, and the people around me?* Then use that as a springboard for thanksgiving and requests.
- (6) Write down five people whom you see regularly that need salvation and pray for those five people by name.
- (7) Write down several of our missionaries, pray for them by name and listen for their updates so you can write down their specific requests.
- (8) Write down the names of our local government officials.