

## SUNDAY SCHOOL

KNOWING GOD & COMMUNICATING WITH HIM IN THE PSALMS

6/4/2023

### **Lesson 14: Knowing God by Studying His Word**

Text: Psalm 144

Theme: The value of studying the Psalms.

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The beauty of studying Psalms – **Psalms are unique**

Poetry

Hymns

Their background is not usually found in the Psalm or context

Revealing the psalmists relationship with the LORD

They are personal, reflective, soul-searching, soul-exposing,  
honest

**There are five books of Psalms**

Psa 1-41, 42-72, 73-89, 90-106, 107-150

**Psalms are written from several perspectives** – sometimes within  
the same Psalm

The psalmist speaking to God, himself, others

Recording what the enemy is saying

Recording what the Lord is saying

**Study Psalms**

Take, 2, 3, 6 months or a year and study the Psalms

When you are in a trial, go back to the Psalms

Study one book of Psalms at a time

Look for the background of each Psalm

“My Fortress” Psalms – I trust in the Lord who is my protection and  
deliverer (Psa 18, 31, 71, 91, 144)

“My Rock” Psalms – I trust in the Lord who is my stabilizing strength  
(Psa 18, 28, 31, 42, 62, 71, 78, 89, 92, 94)