

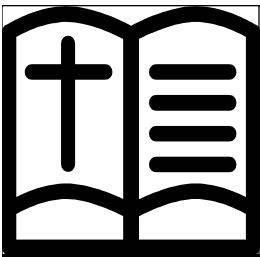
“HOPE REGAINED”
SELECTED SCRIPTURES

I. HOPE RECEIVED

- A. *Christ - Reconciliation Rom 4:23-5:11*
- B. *The hope of glory; the completion of our redemption*
- C. *Translating to application*

II. HOPE LOST - DEPRESSION, ANGER, INACTION

- A. *Lost focus - tired of the “pie in the sky”*
 - 1. *Looking at wrong things for delivery or a system of truth*
 - 2. *Focused on your circumstances*
 - 3. *Failure to stay in the Scriptures for truth*
 - 4. *Thinking someone else should be your hope*
- B. *Loss of control - the feeling that I am not in control of my situation; cannot get it back; mercy of others*
- C. *Fear*
 - 1. *Of external threats or perceived dangers*
 - 2. *From internal condemnation*
- D. *Guilt*
 - 1. *Sin of commission*
 - 2. *Sin of omission*
 - 3. *Unrepentant sin*
- E. *Failed desire Hope deferred makes the heart sick*
Pr 13:12 Disappointment with God; others
- F. *Unresolved conflict*
 - 1. *Doctrinal - cannot resolve truth conflicts*
 - 2. *With another in the family - disappointment*
 - 3. *With a difficult decision*



III. HOPE REGAINED - PUT OFF/PUT ON

A. Foundations of faith

- 1. I never was in charge! God is*
- 2. God is good and without need to explain to me*
- 3. God works all things together for the good*
- 4. Now is not the extent of my life: I will live longer on the other side; what I do now is connected to the other side*
- 5. God is my only redeemer; no human can be so*
- 6. My happiness is in drawing near to God in trust not in reaching my “dreams”*
- 7. God is working to make me just like Jesus not to gratify my “need” for ease*
- 8. Suffering and loss are part of all human life; discipline (training) is the plan for every believer; it is not always pleasant*
- 9. Tests and trials are common to all people; mine is not unique to anyone but me*
- 10. It is pointless to focus on things I cannot change; I will embrace them as reality and view them as stepping stones*

B. Frame of mind

- 1. Humility*
- 2. Trust*
- 3. Gratitude*
- 4. Repentance, renewal and transformation*
- 5. Action*