

# Instruction in Confession

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Psalm 32

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## INTRODUCTION: ANYTHING BUT CONFESSION

Humans are a contradiction...

It's amazing the lengths we will go to not confess sins.

**Proposition:** God grants forgiveness to the sinner who confesses his sin resulting in happiness.

### I. REVIEWING THE LESSON, VV. 1-5

#### A. RESULT OF FORGIVENESS, VV. 1, 2

Happy is the one...

##### 1. Three Terms For Sin

###### a. Transgression

Definition:

###### b. Failure

Definition:

###### c. Iniquity

Definition:

##### 2. Three Verbs For Forgiveness

###### a. Carried away

Definition:

b. Reconciled

Definition:

c. Not counted

definition:

**Psalm 103:12**

As far as the east is from the west,  
So far has He removed our transgressions from us.

**B. RESISTING CONFESSION**

1. My Bones Became Brittle
2. Your Hand Was Heavy On Me
3. My Strength Was Drained

**C. THE RESPONSE OF CONFESSION**

1. I Acknowledged

Definition:

2. I Did Not Conceal (Cover)

Definition:

3. I Will Confess

Definition:

? To whom should we confess?

**General Rule of Confession**

Confession should always be complete toward God then as public or private as the nature of the offense requires.

## II. RELAYING THE LESSON, VV. 6-11

### A. THE RESPONSE OF CONFESSION

#### 1. Prayer Resulting in Protection

##### **Psalm 66:18, 19**

If I regard wickedness in my heart,  
The Lord will not hear;  
But certainly God has heard;  
He has given heed to the voice of my prayer.

##### **Nahum 1:7**

The LORD is good, a refuge in times of trouble. He cares for those who trust in him.

Psalm 5:11; 7:1; 11:1; 16:1; 18:2; 34:22

#### 2. Protection From Connection To God

- a. You are my hiding place
- b. You protect me
- c. You surround me with joyful shouts of deliverance

### B. RESISTING CONFESSION

1. Don't Be a Horse
2. Don't Be a Mule

### C. THE RESULT OF FORGIVENESS

1. Many Pains for the Wicked
2. Trust resulting in Lovingkindness

### 3. Threefold Joy

#### a. Be glad

Definition

#### b. Rejoice

Definition:

#### **Psalm 2:11**

Worship the Lord with reverence  
And rejoice with trembling.

#### c. Shout for joy

Definition:

### **CONCLUSION: FEELING FORGIVEN**

? Do you feel the joy of forgiveness?

? Is your opinion of yourself that much higher than God's?

? Are other people bigger than God?

### **APPLICATION:**

1. Confess sins daily, thoughtfully, and thoroughly.
2. Trust in the grace of God completely.
3. Embrace forgiveness joyfully.