

I. The problem of anger (Prov 29:22; 19:19; 25:28; 16:32)

II. Uprooting the heart of anger (12:16; 29:11)

III. The cure of anger (14:29; 19:11; 20:3; 17:14; 15:1)

#### Application Questions

- What is your anger saying? What excuses do you make for angry outbursts?
- Look at Jesus' response to your sin. Does it seem weak and evasive, or glorious?
- Can you trust God for the things that make you angry?
- How do you need to change how you deal with provocation to anger?

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29:22 A man of wrath stirs up strife,  
and one given to anger causes much transgression.

19:19 A man of great wrath will pay the penalty,  
for if you deliver him, you will only have to do it  
again.

25:28 A man without self-control  
is like a city broken into and left without walls.

16:32 Whoever is slow to anger is better than the mighty,  
and he who rules his spirit than he who takes a city.

12:16 The vexation of a fool is known at once,  
but the prudent ignores an insult.

29:11 A fool gives full vent to his spirit,  
but a wise man quietly holds it back.

14:29 Whoever is slow to anger has great understanding,  
but he who has a hasty temper exalts folly.

19:11 Good sense makes one slow to anger,  
and it is his glory to overlook an offense.

20:3 It is an honor for a man to keep aloof from strife,  
but every fool will be quarreling.

17:14 The beginning of strife is like letting out water,  
so quit before the quarrel breaks out.

15:1 A soft answer turns away wrath,  
but a harsh word stirs up anger.

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