

The Heidelberg Catechism

81. Who are to come to the table of the Lord?

Those who are displeased with themselves for their sins, yet trust that these are forgiven them, and that their remaining infirmity is covered by the suffering and death of Christ; who also desire more and more to strengthen their faith and to amend their life. But the impenitent and hypocrites eat and drink judgment to themselves.¹

¹ Ps 51:3, 103:1-4; Mt 5:6; Jn 7:37-38; 1 Cor 10:19-22, 11:26-32