

## SUNDAY SCHOOL

QUIT BEEPING YOUR HORN

7/25/2021

Lesson 11: **A Biblical View of Anger**

Text: Various

**THEME:** Keys to understanding and overcoming the common causes of anger.

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Beeping your horn is often used to show displeasure for what someone has done around you. It often doesn't accomplish anything

Three common causes of anger (1 Sam 30)

1. Frustration – David and Moses were each frustrated  
David (1 Sam 27-30)

**What frustrates you?**

2. Fear – David was fearful of the outcome

**What makes you fearful?**

3. Hurt – the people spoke of stoning David and he himself also had lost two of his wives and their children

**What hurts you?**

✠ The goal is not to get to where you never become angry, but to get to the place that you yield to the Lord and His Spirit whenever you are angry

**At times you may conclude, "I shouldn't get angry about that."**

**Biblical thinking when facing the causes of anger**

1. When **FRUSTRATED** remember that God is in control and life is for His glory, not your ease and happiness
2. When **FEARFUL** learn to trust in the Lord and cast your care upon Him
3. When you are **HURT** (emotionally) remember God loves you with and everlasting love and ask Him to help you love your enemies

**Keep life in biblical perspective!**