

**INTRODUCTION:**

**1. PAUL EXHORTS THE EPHESIANS NOT TO GRIEVE THE HOLY SPIRIT OF GOD (4:30a).**

a. Not grieving the Spirit is the heart and soul of sanctification.

b. Not grieving the Spirit is the heart of this passage.

c. Who is the Holy Spirit?

(1) The Holy Spirit is not *flesh and bones*.

(2) The Holy Spirit is a *person*.

(3) The Holy Spirit is *true deity*.

**2. WHAT DOES IT MEAN TO GRIEVE THE SPIRIT?**

**a. How is it possible to grieve the Spirit?**

**b. In what ways do we grieve the Spirit?**

**CONCLUSION:**