Intro	
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Main Point of Text: David rests from wringing his hands over the heavy hand of others by laying down his life in God's hand.

Ps. 17:7; 89:13.

Sermon Point: He's Got Your Whole World in His Hand.

Move 1: You will often fall upon hard times that seem out of control, especially as Christians. "My times". Context, whole Psalm and second part of verse: tough times by hard hand of enemies. Eph. 5:16. Christian, Christ makes your times harder. Acts 14:22; 2 Tim. 3:1, 12.

Move 2: But be lifted up knowing that God is always holding you and has it all under control. Hebrew: lit. order, "In your hand my times." God is in control. God is outside of time. Time is created/will end. God always delivers by a stretched out arm and "mighty hand". Grab God's hand, singing Ps. 63:8. Remember Jesus entered Paradise w/ His hands nailed to the cross, where His last breath was vs. 5 (Lk. 23:46). Now, Ps. 110:1 is the Trinity's conversation. Col. 3:1-3. 1 Pet. 5:6: Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time.

Conclusion:

He's Got Your Whole World in His Hand.