

A good leader will:

I. Enrich – "saw all that he did to the people" (vs. 13-18)

It's when we are:

- A. Timely "stand by thee from morning until evening"
- B. Trusting -"the people come unto me to enquire of God"
- C. Teaching "I do make them know the statutes of God"
- II. Encourage "for the people unto Godward" (vs. 19-23)

It's about modeling:

- A. Partnership "so shall it be easier for thyself"
- **B.** Perseverance "then thou shalt be able to endure"
- C. Peace "go to their place in peace"
- III. Examine "made them heads over the people" (vs. 24-27)

 It's about the importance of:
 - A. Enlisting "chose able men out of all Israel"
 - B. Empowering "And they judged the people at all seasons"
 - C. Eliminating "every small matter they judged themselves"

Sentence Sermon:

"We burnout when we are overloaded doing a service that God has already prepared someone else to serve."

Additional Verses

- > II Timothy 2:2
- > Acts 6:2-7
- > Ephesians 4:11-16
- > I Peter 2:5-10
- > I Peter 4:10
- ➤ Galatians 6:12
- > *Matthew 11:29*
- ➤ Numbers 11:14
- > Ezekiel 14:1-1
- Deuteronomy 1:9-18
- Zechariah 7:1-7
- Genesis 26:5

Questions to Ponder:

- 1. What are the key words or phrases in this passage?
- 2. Who is the central character of the passage?
- 3. What impresses you about Jethro's interaction with Moses?
- 4. What does the standing of the people in line remind you of?
- 5. Why do you think the elders of the people were not helping?
- 6. How would you describe Moses' answer in verse 16?
- 7. What is the best thing about Jethro's counsel to Moses?
- 8. What does Jethro's plan remind you of? Why?
- 9. Why did Moses do what Jethro advised him?
- 10. How can you directly apply this advice in your life?
- 11. What would be the most difficult part in implementing it?

- 2 Things God wanted to come out of the Exodus:
 - 1. That God was the one who rescued Israel and delivered them out of Egypt.
 - 2. That Yahweh was the one true and living God....there is none like Him.

Key phrase: Moses' father in law 12 times in this chapter 7 times in these 12 verses.

Introduction:

First is the "alarm" stage, or what is called the "fight or flight" stage. This stage of alarm is the stage that begins when anyone faces a challenge or a conflicting situation.

The next stage is what Selye calls the "resistance" stage.

This stage has a longer lifespan than the "fight or flight" stage. It is also the stage in which a person deals with issues more on a psychological basis.

The third and final stage is what Selye refers to as the "exhaustion" stage.

During this stage, the alarm stage reappears and causes extreme fatigue, disease, disability and even death.

Causes for Burnout

> People Pleasing

- ➤ Enabling others to escape their responsibilities
- ➤ Unrealistic expectation
- ► Lone Ranger Practices
- > Failure to Trust / Recruit

V. 13

• On the morrow = the next day after Jethro declares his faith in Jehovah

V. 14

- What is this thing that thou doest to the people notice to the people here, for the people in verse 19....and over the people in verse 25. The focus of the leader is on the people and how the leader effects them.
- Why sittest thyself alone = Why was he alone....failure to seek help?....Failure of the chosen Elders of the people to step up and participate?...Failure of Moses to trust the Elders to make judgment?

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V. 15

• Her two sons =

V. 16

• Do make them know = "cause them to learn" also to Teach

V. 17

• At the mount of God =

V. 18

- Thou wilt surely wear away = WAKE UP CALL....Last stage of Burnout is EXHAUSTION...being described here.
- Thou art not able to perform it = literally "you do not have the strength to continue" = burnout
- thyself alone = lone ranger even had Tonto

_V. 19

• Hearken now unto my voice = WHAT??? He is a new believer...maybe 1 day old....does he have anything to learn from...YES !!!

V. 20

• Moses told his father in law all that the Lord had done =

• Provide out of all the people able men = ...notice that he did not sayform committees....not here or in Acts 6 when the church had a problem that required Deacons

V. 22

 Easier for thyself = word means "to take cargo from a ship"or Literally make your load lighter!

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V. 23

• For in the thing wherein they dealt proudly He was above them =

V. 24

• Burnt offering =

V. 225

• Jethro said, Blessed be the Lord =

lacktriangle

V. 26

For in the thing wherein they dealt proudly He was above them =

V. 27

• Burnt offering =