

Ladies Aid August 9, 2007
The Woman's Loneliness: Overcoming a lack of Oneness

Biblical Examples of Loneliness

Elijah (1 Kings 19:10) Jeremiah (Lam. 3:6-8) Jesus (Mark 15:34) Paul (2 Tim. 4:6-9)

Being lonely and being alone: are these two experiences the same thing?

Below are listed some Sinful causes of Loneliness. Discover their Biblical cure.

1. A wife is withdrawn from her husband. She might be vain, proud, and thinking only of herself. As a result, her husband and others stay away. (Philippians 2:3-4)
2. A husband is selfishly withdrawn and private. He never talks with his wife. (1 Peter 3:9)
3. One or both parties fear that oneness in the relationship isn't possible anymore, so why try? (Ephesians 4:15; 1 Corinthians 13:7)
4. A COMMON sin is the idolatrous desire for intimacy. Define and describe this.
 - a. How can a wife redirect her longings? (Psalm 42:1-2)
5. False expectations of oneness. No husband can compete with the imaginary world a wife can create in her mind with another man. (Philippians 4:8)
6. She doesn't enjoy the relationship that God says should exist between her and her husband. So she is excessively sad about this. (Psalm 100:2)
7. Instead of feeling resentful that her husband has hurt her by neglect or outright actions/words, how can the wife respond in holiness? (1 Thess. 5:18; 1 Cor 13:5)

What does God want you to accomplish through your circumstances? What are your responsibilities?

READ Psalm 73:25-28

God wants _____ to go _____ my _____ and start truly _____ others as myself.

Can you honestly recite Psalm 104:33-34?

Then you will not be lonely anymore, even though you may go through seasons of being alone.