



“WHY WOULD ANYONE CARE ABOUT ME?”

Psalm 142

Psalm 13:1-2, 5-6

Psalm 55:1-2, 16-17, 22

- “I feel ...
... alone, forsaken, unloved, unwanted, not cared about, unnecessary, inadequate, inferior, like a failure, ugly, worthless, like I don’t belong anywhere ...”
- Thoughts of inferiority and worthlessness are hidden beasts.
- These “mind monsters” can lead astray.

2 Corinthians 11:3

- This is not humility
- This is not truth
- This is not from God
- This is about **identity** (“Who Am I?”)

“Your understanding of who you are is the critical foundation for your belief structure and your behavior patterns as a Christian.”

-Neil Anderson-

Genesis 1:26-27

Psalm 139:13-14

John 3:16

Romans 5:8

John 1:12

1 John 3:1

Romans 8:39

Matthew 6:26

Romans 12:4-5

1 Peter 5:7

Hebrews 13:5

