



Sermon Series:	N/A
Sermon Title:	Are You Angry
Scripture:	Psalm 37:8-10

	RECEIVE	
	Read the passage and listen to Sunday's sermon (if you have not done so already). Ask God to help you understand and respond to the passage in faith. Reread the passage, taking note of any words or phrases that stand out.	
	REFLECT	
	How would you rate your current anger levels on a scale of 1-10? How would your rate your current closeness to the Lord on a scale of 1-10? Can you identify a relationship between the last two questions in your life? What do you need to work on in order to reduce your anger levels, understanding the need for the Lord in any true, lasting, and meaningful transformation in our lives?	
RESPOND		
	How will you apply any gospel encouragement from your reading and reflection for the day and week ahead? What areas of your life have you identified that need to have gospel truth applied, in order for you to receive grace and peace from God? Spend some time in prayer with the Lord about the things He has revealed to you in this passage. Ask God to help you respond in faith to His word. Commit to applying whatever gospel encouragement or challenge you have received into practice.	

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