

Biblical Keys To TEMPERANCE



The Importance of Temperance

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And after certain days, when Felix came with his wife Drusilla, which was a Jewess, he sent for Paul, and heard him concerning the faith in Christ.

And as he reasoned of righteousness, temperance, and judgment to come, Felix trembled... (Acts 24:24-25)

And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible. (1 Corinthians 9:25)

For a bishop must be blameless, as the steward of God; not selfwilled, not soon angry, not given to wine, no striker, not given to filthy lucre;

But a lover of hospitality, a lover of good men, sober, just, holy, temperate;

Holding fast the faithful word as he hath been taught, that he may be able by sound doctrine both to exhort and to convince the gainsayers.

For there are many unruly and vain talkers and deceivers... (Titus 1:7-10)



Unto him that loved us, and washed us from our sins in his own blood, and hath made us kings and priests unto God and his Father; to him be glory and dominion for ever and ever. Amen. (Revelations 1:5-6)

And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge;

And to knowledge temperance;
(2 Peter 1:5-6)

For if these things be in you, and abound, they make you that ye shall neither be barren nor unfruitful in the knowledge of our Lord Jesus Christ. (2 Peter 1:8)

But he that lacketh these things is blind, and cannot see afar off, and hath forgotten that he was purged from his old sins. (2 Peter 1:9)

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: (Galations 5:22-23)

Lest thou learn his ways, and get a snare to thy soul.
(Proverbs 22:24-25)

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How To Develop Temperance

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But the fruit of the Spirit is... temperance. (Galations 5:23)

Self-Control: Instant obedience to the initial promptings of God's Spirit

But the fruit of the Spirit is... temperance.

And they that are Christ's have crucified the flesh with the affections and lusts. (Galations 5:23-24)

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But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway. (1 Corinthians 9:27)

All things are lawful unto me, but all things are not expedient: all things are lawful for me, but I will not be brought under the power of any. (1 Corinthians 6:12)

Hast thou found honey? eat so much as is sufficient for thee, lest thou be filled therewith, and vomit it. (Proverbs 25:16)

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