



PSALM 128

*A Song Of Ascents*



## PSALM 128

1 Blessed is everyone who fears the LORD, who walks in his ways!

2 You shall eat the fruit of the labor of your hands; you shall be blessed, and it shall be well with you.

3 Your wife will be like a fruitful vine within your house; your children will be like olive shoots around your table.

4 Behold, thus shall the man be blessed who fears the LORD.



5 The LORD bless you from Zion! May you see the prosperity of Jerusalem all the days of your life!

6 May you see your children's children! Peace be upon Israel!



# PSALMS 128

◇ INTRODUCTION

◇ EXPOSITION

◇ CONCLUSION



- ◇ Book I, Psalms 1-41
- ◇ Book II, Psalms 42-72
- ◇ Book III, Psalms 73-89
- ◇ Book IV, Psalms 90-106
- ◇ **Book V, Psalms 107-150**

- ◇ **“ The Psalms are an anatomy of all the parts of the Soul” - J. Calvin**
- ◇ **“Time was when Bishops would ordain no man who did not know ‘David’ by heart”- C. H Spurgeon**



## INTRODUCTION

“A song of degrees. There is an evident ascent from the last psalm that did but hint at the way in which a house may be built up, this draws a picture of that house built, and adorned with domestic bliss through the Lord’s own benediction”. – C. Spurgeon.

“This psalm is akin to the preceding, and, so to speak, a kind of appendage to it; for it declares that the divine blessing, to the diffusion of which among the whole human race Solomon testified, is to be seen most conspicuously in the case of God’s true and sincere servants.” – J. Calvin.

“This psalm is fitly subjoined to the former and it is a kind of wedding sermon, written for the instruction of married couples and teaches that human marriage is the divine academy of life.” – Trapp’s Complete Commentary

God blesses His children and it is a blessing to realize you are blessed. The blessing of the LORD is derived from the fear of the LORD.





### Exposition

Verse 1- Blessed is everyone who fears the LORD, who walks in his ways !

“The true reverential fear of God will easily form the heart to a right obedience. They that fear the LORD will keep his covenant, and therefore was the law delivered at first in that terrible manner.” – J. Trapp

“This fear is still joined with trust”- Robert Leighton

“ In the preceding Psalm it was stated that prosperity in all human affairs, and in the whole course of our life, is to be hoped for exclusively from the grace of God; and now the Prophet admonishes us that those who desire to be partakers of the blessings of God much with sincerity of heart devote themselves wholly to him; for he will never disappoint those who serve him”- J. Calvin

Compare vs.1 with Psalms 1



vs. 2- You shall eat the fruit of the labor of your hands; you shall be blessed, and it shall be well with you.

“This is the portion of God's saints- to work and to find reward in so doing. God is the God of laborers.” – C.H Spurgeon

“It is His love which gives a relish to all we taste, puts life and sweetness into all..”-Charles Wesley

“ For he who can make himself useful to others and still be independent of them, he eats the bread of blessing which God gives, which is sweeter than the bread of Charity which men give”- Keil and Delitzsch





Vs.3- Your wife shall be like a fruitful vine within your house; your children will be like olive shoots around your table.

“ House and wealth are inherited from fathers, but a prudent wife is from the LORD”- Proverbs 19:14





Vs.5- The LORD  
bless you from  
Zion! May you see  
the prosperity of  
Jerusalem all the  
days of your Life!