

IV. Why This Matters

The spiritual disciplines, “enable us, who have been made righteous by Christ, to breathe more deeply the resources that God freely and lovingly provides for the wisdom, joy, and strength of Christian living.” (Bryan Chapell)



How to Grow

Class 1: Biblical Spirituality & Sanctification

I. Introduction

II. Biblical Spirituality

The term “biblical spirituality” has a dual sense:

(1) It refers to a spirituality that is biblical; the Bible defines the _____ and _____ of spirituality; and

(2) It refers to a spirituality that is driven by biblical content. In other words, the Bible is the _____ for spirituality.

What does the Bible say about spirituality?

A. It is centered upon knowing the _____ God

2 Cor. 13:14

B. It consists of knowing ourselves in light of _____

Isa. 6:1-5

C. It is _____-centered

Eph. 1:3-14

Class Schedule Overview

1	Introduction
2	All of life worship
3	Bible Intake I
4	Bible Intake II
5	Prayer
6	Confession of sin
7	Fasting
8	Evangelism
9	Serving
10	Stewardship
11	Cultivating Spiritual Fruit I
12	Cultivating Spiritual Fruit II
13	Perseverance

D. It is _____-centered

Eph. 2:16; 1 Pet. 3:18

E. It is a spirituality of the _____

2 Pet. 1:20-21; 2 Tim. 3:16-17

Peter Adam:

- Its content and focus is God in Christ
- Its practice is hearing the word of God by faith
- Its experience is that of meeting God in his Spirit-given words
- Its result is trust in Christ and our heavenly Father

F. It is a _____spirituality, lived out in loving fellowship with other believers

Eph. 4:11-16

III. Sanctification and the Spiritual Disciplines

A. Sanctification has a definite beginning at conversion

1 Cor. 1:2; 6:11

B. Sanctification increases throughout life

Rom. 6:19; Phil. 3:12-15; Heb. 12:14

C. Sanctification is _____ when Christ returns

Phil. 3:21; 1 John 3:2; 1 Cor. 15:49

Rom. 8:29; 1 Cor. 2:7; 2 Cor. 3:18

D. Implications for our practice of the spiritual disciplines

1. We practice the spiritual disciplines because we have already been sanctified in Christ.

Rom. 8:3-8

2. We practice the spiritual disciplines because we need to grow in godliness.

Rom. 6:6-14

The spiritual disciplines are a means to godliness (1 Tim. 4:7-8).

3. We practice the spiritual disciplines because our hope of glory in Christ is certain.

1 John 3:3; Rom. 8:30