

“Taking Delight In The Lord”

Keeping Sabbath – And Labor – In The Rhythm Of Life

Hebrews 3:12-4:14; Isaiah 58:13-14; Exodus 20:1-11

The Voice From The Fire Part 6 of 12

The first three commandments are prohibitions. And there are many things a disciple of Jesus will *not* do. But today God unfolds a *positive* plan for regular rest and communion with his people throughout the ages. That is, your Creator/Redeemer stakes ownership of one day in your week, so you might turn away from your work and RECONNECT with him. This is no burden to a believer, but it does require godly habits of work and the disciplines of scheduling. _____ your God by working hard six days, then resting hard to delight in the Lord and grow in your knowledge of his purposes.

I. The Sabbath is a _____ and a pointer to _____.

- 1) We imitate _____ (Ge. 2:2-3) and _____ (Lu. 4:16) in keeping Sabbath,
- 2) Sabbath is a creation _____ (Ex. 20:11) with work and marriage. _____...
- 3) But notice the _____ changes in the Second Law (Deut. 5:15).
- 4) The people were _____ to enter the Land of Promise. And so are we (Heb. 4:9)!

II. The Sabbath is a pointer toward _____ (Hebrews 3:5-4:14).

- 1) The writer’s _____ is important. Joshua’s rest is only a _____ fulfillment.
- 2) So then, there _____ A Sabbath _____ for the people of God (4:9).
- 3) Let us _____ [in the rhythm of 1 + 6] to enter into that rest.
- 4) Let us _____ to our confession! Hooked to Christ, Scripture, visible Church.

III. The Sabbath is a _____ of ... (Is. 58:13-14)

- 1) ...your _____:
- 2) ... your _____:
- 3) ...your _____:
- 4) ... your _____:

Application Questions:

1. What are your fondest Sabbath memories?
2. How can we prove Sabbath is a creation ordinance vs. a Mosaic ceremony? Implications?
3. Study *Remember The Sabbath! Keeping the Day Holy*. What standards define the day?
4. How could you “call the Sabbath a delight ... honorable” (Is. 58:13) in your week?