

**“FROM WHENCE COMETH YOUR HELP?” – Pt. 2**  
**(Psalm 121)**

**Psalm 121 NKJV**

121 I will lift up my eyes to the hills—

From whence comes my help?

2 My help comes from the Lord,

Who made heaven and earth.

**3 He will not allow your foot to be moved;**

**He who keeps you will not slumber.**

**4 Behold, He who keeps Israel**

**Shall neither slumber nor sleep.**

**5 The Lord is your keeper;**

**The Lord is your shade at your right hand.**

**6 The sun shall not strike you by day,**

**Nor the moon by night.**

**7 The Lord shall preserve you from all evil;**

**He shall preserve your soul.**

**8 The Lord shall preserve your going out and your  
coming in**

**From this time forth, and even forevermore.**

**Summary: You are in a \_\_\_\_\_  
with God and when you are  
\_\_\_\_\_, there is  
\_\_\_\_\_ you can \_\_\_\_\_.**

**What kind of protector/keeper is God?**

**1. Is God ABLE to help you?(v2)**

**2. Does He CARE about your needs? (v4)**

**3. To EXTENT does he protect? For HOW  
LONG? (v6)**

**4. Will he continue to care in the FUTURE?  
(v8)**

**How does this apply to me?**

| <b>Verse Pair</b>                           | <b>1-2</b> | <b>3-4</b> | <b>5-6</b> | <b>7-8</b> |
|---|------------|------------|------------|------------|
| <b>Question,<br/>Concern, or<br/>Prayer</b> |            |            |            |            |
| <b>Response(s)</b>                          |            |            |            |            |
| <b>1<sup>st</sup>/2<sup>nd</sup> Person</b> |            |            |            |            |
| <b>Participant(s)</b>                       |            |            |            |            |
| <b>Take away(s)</b>                         |            |            |            |            |