

“Humility in Action”  
I Peter 5:5-7  
Aug. 5, 2012

When you choose “humility,” you choose...

1. To accept the identity of humility –Receive His plan for relationships.

*“Likewise, you are younger, be subject to the elders. Clothe yourselves all of you, with humility toward one another...” (5a)*

2. To be under God’s authority – Receive His favor.

*“...for God opposes the proud but gives grace to the humble. Humble yourselves, therefore, under the hand of God so that at the proper time He may exalt you,” (5b-6)*

3. To reject anxiety – Receive His care.

*“...casting all your anxieties on Him, because He cares for you.” (7)*

**Application:**

1. Have you had a struggle with submitting to “elders?” Why? Decide this week to embrace the identity of humility. Think of a relationship that you can practice humility.
2. Take all your anxiety right now and throw it to Jesus. Let it go. Give it away. Accept His love and care for you right now.

Bible Study Questions/ Discussion  
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1. Discuss the Biblical view of humility. What is false humility? If you are humble it will impact your relationships. Discuss the negative impact of pride on relationships. Why should there be submission to authority in a local church? What happens when it is not present? (I Pet. 5:5; Heb. 13:17)
2. What does it mean to "clothe yourselves with humility"? What is the difference between feeling humble and being humble? What is God's response to the proud? (5b) (Also Prov. 6:16-17; 8:13)
3. What does God give to the humble? (Ps. 25:9; Prov. 3:34; 22:4) Read Micah 6:8 and describe God's expectations of His people. What is "the Mighty Hand of God" found in v. 6? (Deut. 3:24)
4. God promises to exalt the humble. Discuss what that looks like. (Lk. 1:51-52; James 4:10; Lk. 14:11; Prov. 29:23)
5. When we choose to be humble, we choose to be under the Lord – His leadership and His care. According to v. 7 what should we do with the cares of the world? What is "pride's response" to anxiety? Discuss the decision to "throw" your anxiety upon the Lord. (Ps. 55:22; Phil. 4:6-7) Why do we hesitate to give him our anxieties? What anxiety are you holding onto right now?
6. What do we know of the character of God that encourages our willingness to give Him our anxieties? (v.7) (Matt. 6:25, 30, 32) (Ps. 37:5)
7. Read Prov. 3:5-6 and discuss the impact of living according to the truth of this verse. Share some examples with one another of humility in action that you have observed.