Scrip	eture: Exodus 20:8-11	L	
Intro	duction		
I.	A day kept58:13).	, set apart,	to the Lord (Exodus 20:8; Isaiah
ONE	THING TO GIVE UP		
II.	A day to rest from of us (Exodus 20:9,10;	31:17; Isaiah 58:13).	and to rest in the Lord to take care
III.	A day when things	have to	o be done (Mark 1:29-31; 2:23).
THR	EE THINGS TO REMEM	BER	
IV.	A day to worship (Psalm 92:1-2; Luke 4:16; Mark 1:21)		
V.	A day to show	, to	others (Mark 1:23-26, 30-31; 3:2-5).
VI.	A day for		
VII.	Concluding thoughts		

Christian Sabbath: Lord's Day Observance

Sermon: