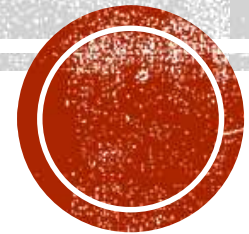


SIDEXSIDE

People in Need of Change **Helping**



People in Need of Change

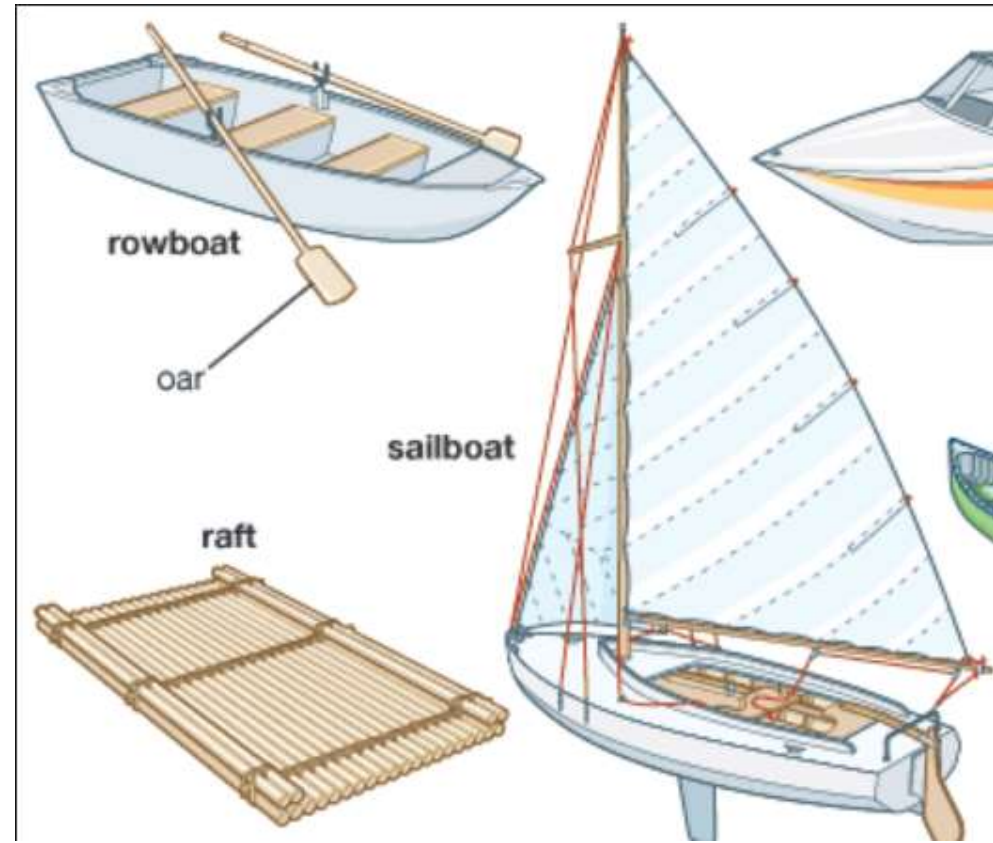
RECAP . . .

- Why Change?
- Three Biblical Motivations for Change
 - Positive Consequences
 - Negative Consequences
 - Gospel Love
- Two Deficient Models for Lasting Change and Sanctification
 - Fruit Stapling
 - Lake Screening



BEHOLDING IS BECOMING—A BIBLICAL MODEL FOR LASTING CHANGE

- Ps. 115:2-8; 2 Cor. 3:18
- The Role of Effort in the Christian Life
 - Raft, Rowboat or Sailboat?
1 Cor. 9:24-27; Phil. 1:27; 1 Tim. 4:7; 2 Pet. 1:5-9



CHANGE WITHIN THE ELEPHANT, THE RIDER AND THE PATH FRAMEWORK

- **Excite** the Elephant—We see the glory of God, the wonder of the Gospel, and the beauty of our identity in Christ
 - Ps. 16; Ps. 37:4; Ps. 34:8
- **Instruct** the Rider—We seek to understand truth about God, ourselves and the world while running from falsehood and distorted thinking
 - Eph. 4:15; 1 Tim. 3:14-15; Phil. 4:8; Ps. 19:7-14; Prov. 1:1-7
- **Shape** the Path—We clear the path/environment of unnecessary hindrances to rest, excitement and instruction and make additions to the path that encourage rest, excitement and instruction
 - Prov. 4:14-16; 5:7-8; Heb. 10:24-25; Rom. 14:20-23; 1 Cor. 15:33; Prov. 13:20



SO, HOW DO PEOPLE CHANGE?

- People experience lasting change when they have 1) *sustained, driving excitement about something they yearn for but don't have* 2) *the knowledge and wisdom required to move forward in that direction* 3) *in a context that allows for success.*



HELPING PEOPLE CHANGE

- **Pray for Wisdom and Grace—First Things First**

- There are few things more challenging and in which you will feel more lost than trying to help people through difficult problems and the change process. (Jas. 1:5)
- If the Holy Spirit doesn't move appropriately, nothing else will. Plead to the Lord for a soft heart, teachable Spirit and perseverance both for yourself and for the person you are helping. (Gal. 5:16-18; 22-25)



CLARIFY THE “WHY?”

- Make sure the person you are helping is explicitly aware of their motivations for change. These are extremely important to remember and cling to when things become difficult. Weak motivations = short-lived efforts.

