

# Lord's Supper – Discerning the Lord's Body

Heidelberg Catechism - Lord's Day 28, 29, 30a  
1 Corinthians 11:17-34 (KJV)

September 13, 2009

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## Introduction

1. When the church in Corinth ate and drank the Lord's Supper unworthily, they did not discern the Lord's body.
2. Important, as we partake, that we do so discerning the Lord's body.

## The Symbolism

1. Discerning the bread and wine
  - a. The error of the Roman Catholic Church and the Lutherans who teach that Jesus Christ is physically present in the Lord's Supper
  - b. What we contemplate this morning during the Lord's Supper is the reality of what is pictured.
2. Those who discern the Lord's body understand that Christ reconciled us to God by His suffering so that we have communion with God.
  - a. The table of the Lord's Supper itself pictures, in Scripture, God's fellowship and love.
  - b. In this relationship of friendship, God nourishes us spiritually.

**The Desire...**Those who discern this about Christ's body, desire Him and seek Him.

1. Another important aspect of the symbolism of the Supper is the eating and drinking.
2. The idea here is that those who partake in obedience to Christ are spiritually hungry for Christ's body and blood.

## The Assurance

1. Lord's Day Q&A #80 exposes another fundamental error of the Roman Catholic mass, "it is nothing else than a denial of the one sacrifice and sufferings of Jesus Christ."
2. The Lord's Supper testifies to us that Jesus Christ fully accomplished our redemption on the cross.