

## The Heidelberg Catechism

### **103. What does God require in the fourth Commandment?**

In the first place, God wills that the ministry of the Gospel and schools be maintained,<sup>1</sup> and that I, especially on the day of rest, diligently attend church<sup>2</sup> to learn the Word of God,<sup>3</sup> to use the Holy Sacraments,<sup>4</sup> to call publicly upon the Lord,<sup>5</sup> and to give Christian alms.<sup>6</sup> In the second place, that all the days of my life I rest from my evil works, allow the Lord to work in me by His Spirit, and thus begin in this life the everlasting Sabbath.<sup>7</sup>

<sup>1</sup> Dt 6:4-9, 20-25; 1 Cor 9:13-14; 1 Tim 2:2, 3:13-17, 4:13-14, 5:17; Tit 1:5; <sup>2</sup> Dt 12:5-12; Ps 40:9-11, 68:26; Acts 2:42-47; 2 Tim 2:2, 15; Heb 10:23-25; <sup>3</sup> Rom 10:14-17; 1 Cor 14:19-33; 1 Tim 4:13; <sup>4</sup> 1 Cor 11:23-24, 33; <sup>5</sup> 1 Cor 14:16; Col 3:16; 1 Tim 2:1-2, 8-10; <sup>6</sup> Ps 50:14; 1 Cor 16:2; 2 Cor 8-9; <sup>7</sup> Isa 66:23; Acts 20:7; Gal 6:6; Heb 4:9-11