

# I Can Rest

Psalm 23:2

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*I can experience true rest because the Lord is my shepherd.*

- I. My journey with the Lord begins with \_\_\_\_\_.
  
- II. The Lord makes true rest possible.
  - A. He removes \_\_\_\_\_.
  - B. He removes \_\_\_\_\_.
  - C. He removes \_\_\_\_\_.
  - D. He removes \_\_\_\_\_.