

*How to Grow*

**Class 6: Confession of Sin**

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**Class Schedule Overview**

1	Introduction
2	All of life worship
3	Bible Intake I
4	Bible Intake II
5	Prayer
<b>6</b>	<b>Confession of Sin</b>
7	Fasting
8	Evangelism
9	Serving
10	Stewardship
11	Cultivating Spiritual Fruit I
12	Cultivating Spiritual Fruit II
13	Perseverance

**I. Intro**

**A. Christians are those who confess Christ, and confess sin**

**II. Confession of Sin Examined – David’s sin 2 Sam 12 & Ps 51**

**A. Confession involves agreeing with God about your sin**

**B. Confession involves taking ownership / responsibility for sin**

**C. Confession of sin can be a general confession in light of a multitude of transgressions**

**a. It is also specific – Isaiah 6:5, Job 42:3-6**

**D. Confession can be simple and short**

**E. Confession depends much upon the attitude of the heart rather than upon the words said**

**III. How does confession / repentance help us grow as Christians?**

**A. It removes that which hinders the other means of grace from functioning as they should**

**a. Prayer, for example, will no longer be ignored by God and hindered - Ps 66:17-19**

**B. It removes God’s heavy hand of discipline and restores our strength. – Psalm 32**

**IV. Who is sin to be confessed to?**

**A. To God – 1 John 1:9, Psalm 32:5**

**B. To other believers – James 5:15**

**V. The benefits of confessing sin**

**A. Pardon and Cleansing from sin – 1 John 1:9**

**B. Compassion and grace from God – Prov 28:13, James 4:6**

**Notes:**

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**Personal Questions:**

**1. Do you find a connection between time spent in God's word / prayer / fellowship and confession of sin in your life?**

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**2. What are some of the results you have seen in your walk with the Lord as a result of unconfessed sin?**

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**3. Are there any sins in your life that you need to confess and let go of? Is there anything you are hiding that you should not be?**

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